

Physiotherapy Self-Referral Form



University Hospitals
of Leicester
NHS Trust

Please complete this form as clearly and accurately as you can

Patient Details

Today's date: Your date of birth:

Your name:

Address:

Postcode: GP Practice:

GP name:

Your contact numbers: Home: Mobile: Work:

Can we leave a message? Yes No Yes No Yes No

Physiotherapy Requirements

What is your problem?

Please give a brief description of why you would like a physiotherapy assessment:

When did the problem start?

Have you had physiotherapy for this problem before? Yes No

Are you currently signed off work due to this problem? Yes No

If yes, until when?

Do you have significant loss of sleep due to this problem? Yes No

Have you had any sudden unexplained weight loss? Yes No

If you have back or leg pain, have you had any difficulty passing or controlling urine? Yes No

If yes, please give details:

Are you unable to care for anyone? Yes No

If yes, please give details (e.g. child, dependent relative):

Which site would you prefer to be seen at?:

- Glenfield Hospital
- Leicester Royal Infirmary
- Leicester General hospital
- No preference

Once completed please return form to:

Physiotherapy Department
Leicester Royal Infirmary
Infirmary Square
Leicester
LE1 5WW

You will then be contacted with an appointment

Physiotherapy

Specialist physiotherapy can help patients recover from surgery and keep their independence following a range of illnesses, conditions and sports injuries.

Waiting lists approximately

Acute - within 2 weeks
Routine - 4 - 6 weeks



Specialties

At UHL we are committed to research and development in striving to improve patient care. Physiotherapists at UHL are involved in research and protocol design. We have many specialist therapists who specialise in many musculoskeletal areas.

Our outpatient service includes treatment for:

- A wide variety of musculoskeletal conditions
- Burns and plastics
- Fracture clinic
- Sports medicine
- Orthopaedics
- Hydrotherapy
- Pain management
- Rheumatology

Classes

Self-help and self-management are key to our approach to ensure patients get the most from their treatment. Classes are held in our modern fully equipped gymnasium. Each individual will have an exercise programme tailored to their needs and reviewed on every visit.

Available to all levels of ability

Upper limb, lower limb and back classes